



New York City's Population Estimates and Trends

2026

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NYC Department of City Planning
Population Division

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Understanding U.S. Census Bureau Population Data

Decennial Census

What is it?

The Census Bureau counts the full population every 10 years, as mandated by the U.S. Constitution.

How is it used?

As a gold-standard benchmark for population statistics, the census guides congressional apportionment, redistricting, federal funding distribution, as well as planning by governments, researchers, and businesses, among other uses.

Population Estimates Program (PEP)

What is it?

The Census Bureau's Population Estimates Program produces annual population estimates that build on the most recent decennial census.

How are they produced?

Estimates are constructed by accounting for **births, deaths, and migration**.

What does "vintage" mean?

Each year, estimates extend to a new year and revise prior years. Vintage 2025 covers July 2025 and revises back to April 2020. Revisions reflect updated methodology and data.

Why Do They Matter?

Federal Funding

Trillions of dollars in federal spending are allocated based on Census data, including PEP and other federal data sources tied to PEP estimates.¹ Accurate estimates mean more equitable funding.

Services Planning

Schools, hospitals, housing, transportation, infrastructure — PEP estimates directly and indirectly inform city agencies' decisions on sizing and allocating services.

Tracking Population Trends

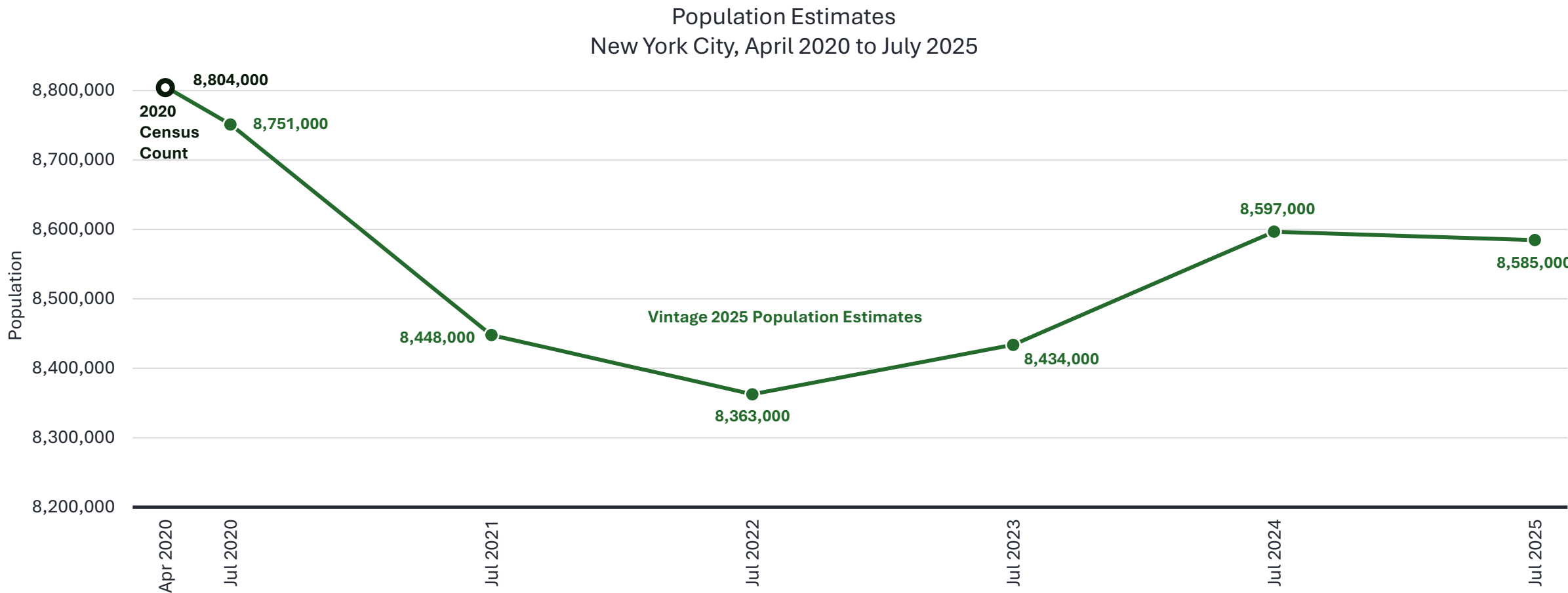
Annual data allow for the timely understanding of New York City's population trends.

Key Takeaways for New York City

- New York City's population was 8,585,000 as of July 2025, remaining roughly unchanged from the population as of July 2024, following a partial recovery from early pandemic losses.
- The pattern of a partial population rebound after early pandemic losses is mirrored to varying extents across many major U.S. cities, including New York City.
- The Census Bureau's Population Estimates Program has refined its methodology, resulting in a substantial upward adjustment to New York City's July 2024 population estimate, from 8,478,000 to 8,597,000. Population growth from mid-2022 to mid-2024 was more robust than previously estimated, with adjustments driven by higher estimates of net international inflows.
- Between July 2024 and July 2025, all five boroughs experienced minimal population change, following growth over the prior year.
- Net international inflows retreated from recent historical highs to more typical levels experienced before the pandemic. Net domestic outflows have remained relatively stable in recent years and were far below their pandemic peak. Births and deaths have both trended lower in recent years.

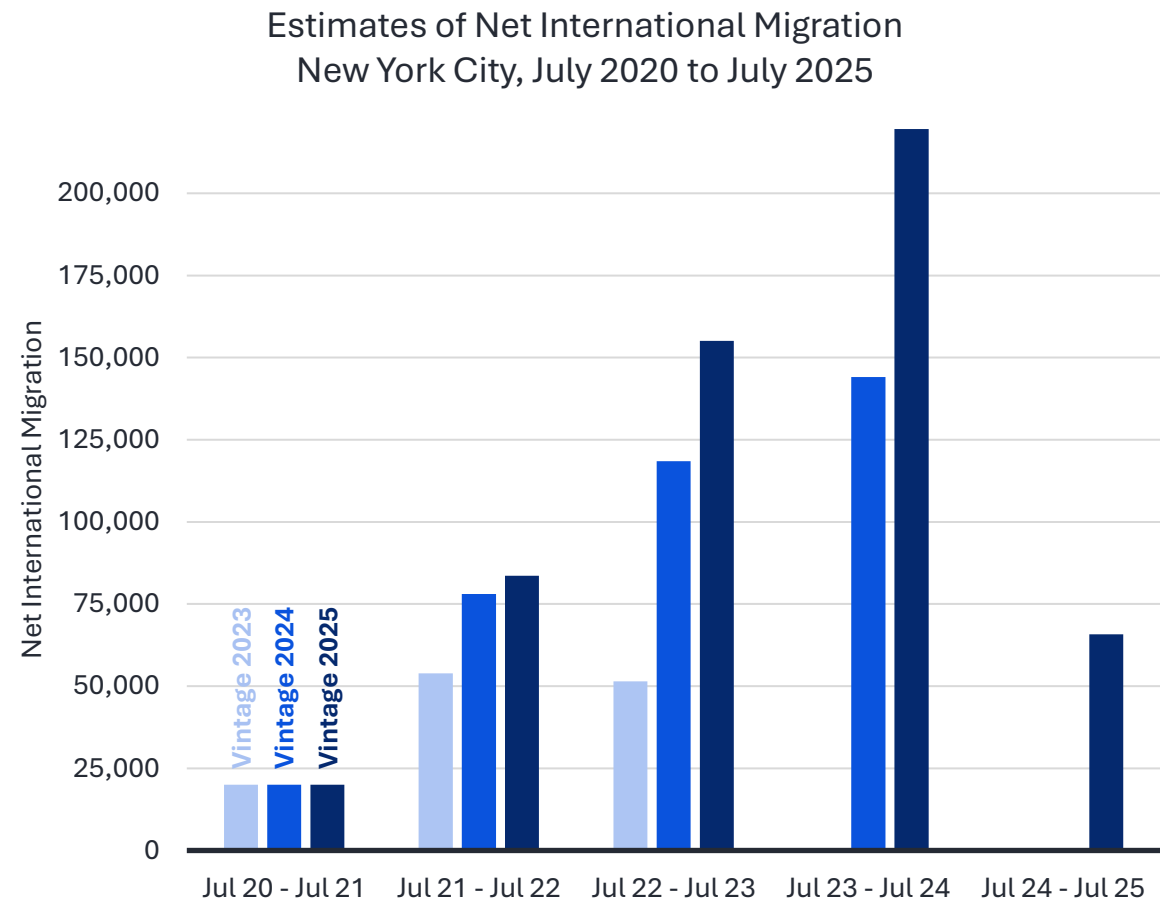
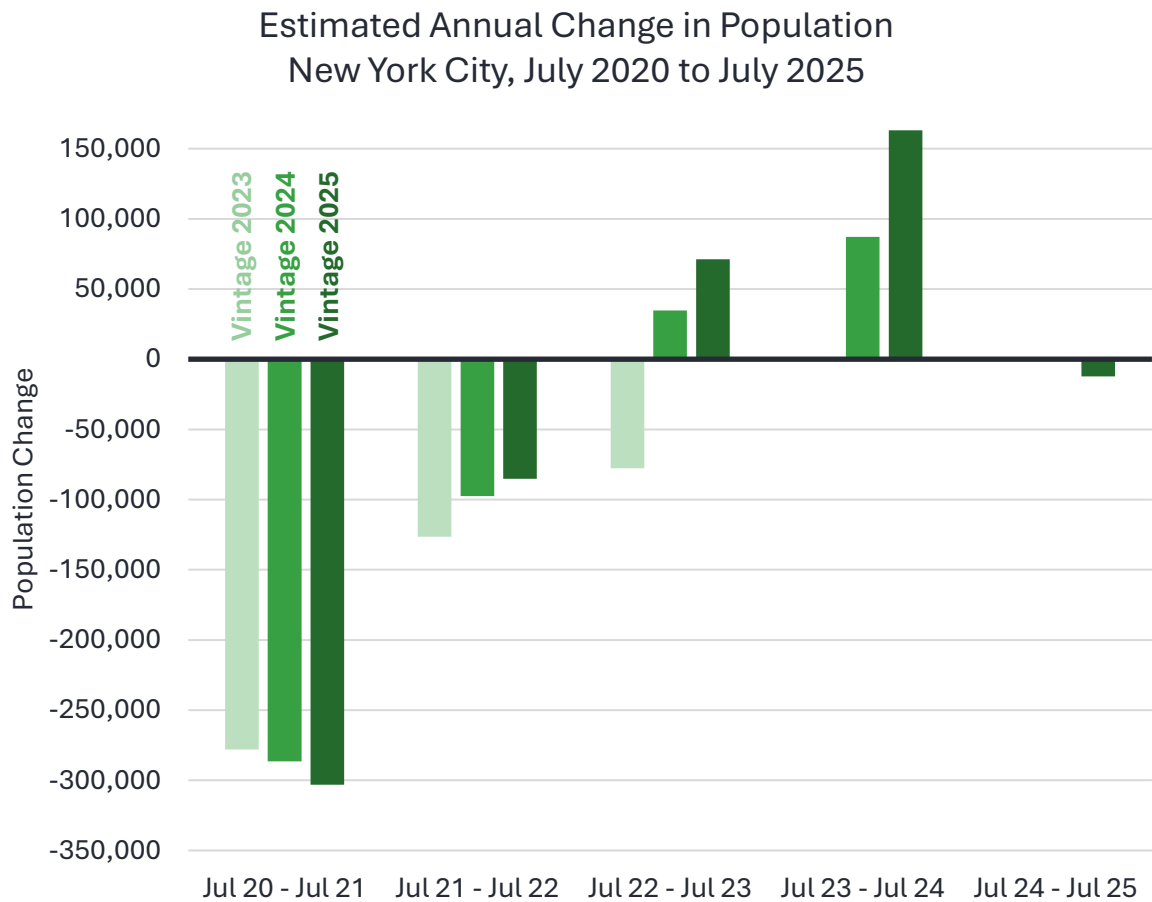
Key Takeaways: New York City’s Population Held Steady from Mid-2024 to Mid-2025

New York City’s population was 8,585,000 as of July 2025, remaining roughly unchanged from the population as of July 2024, following a partial recovery from early pandemic losses. (More information on pages 11 to 12)



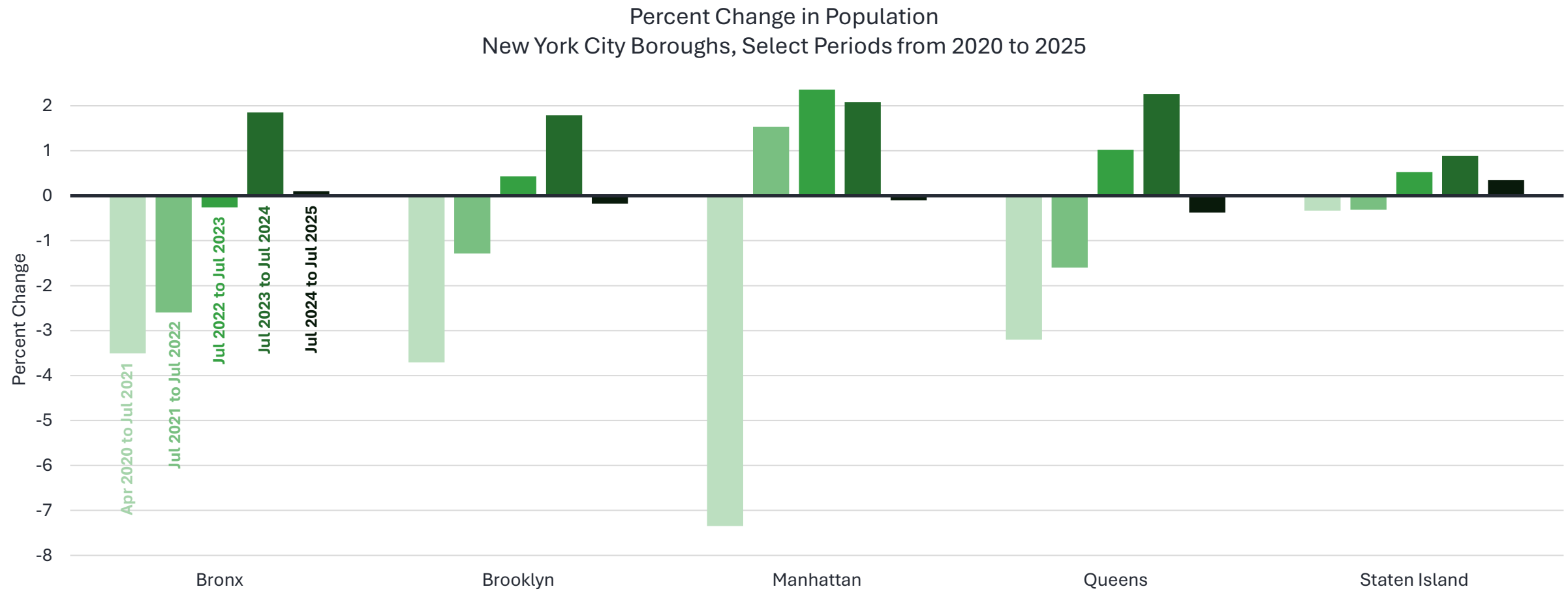
Key Takeaways: Adjustments to International Migration Estimates Drove Revisions to Overall Population for Recent Years

The Census Bureau Population Estimates Program continuously refines its methodology, resulting in more robust estimates of population growth from mid-2022 to mid-2024. The adjustments were driven by higher estimates of net international inflows. (More information on pages 21 to 22)



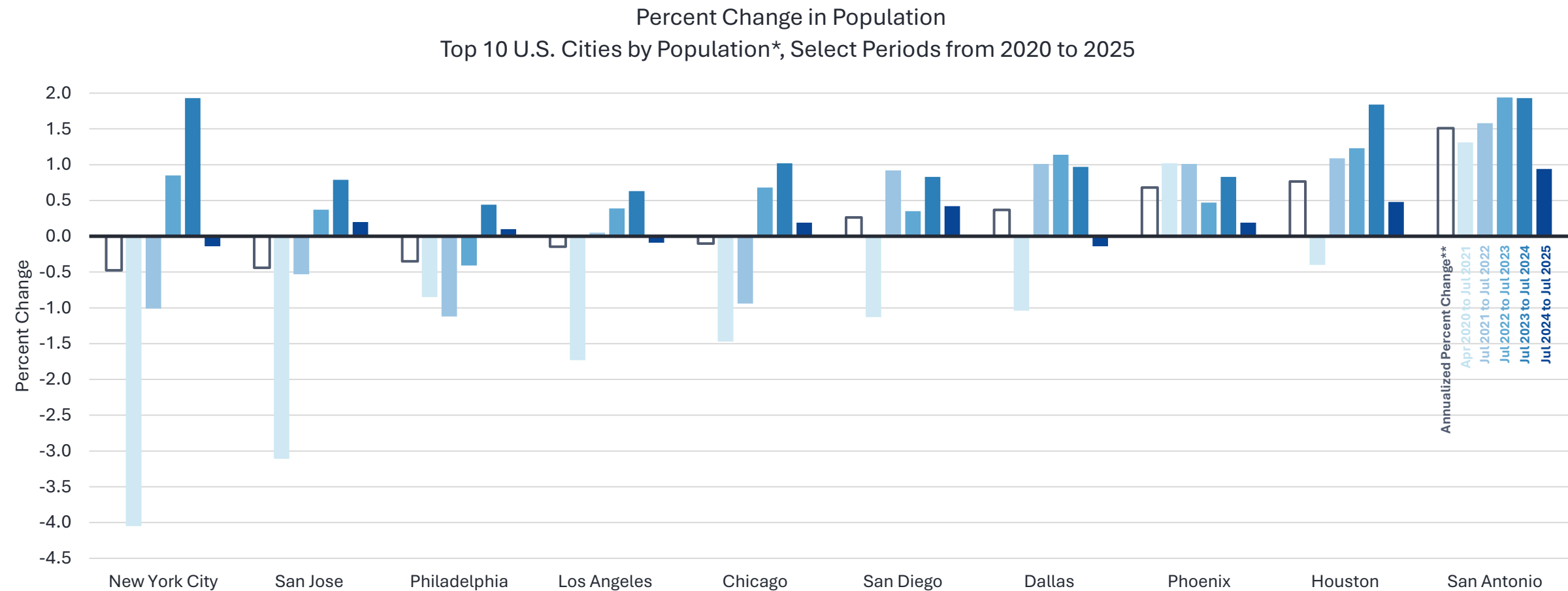
Key Takeaways: Minimal Change in All Five Boroughs from July 2024 to July 2025

Between July 2024 and July 2025, all five boroughs experienced minimal population change, following growth over the prior year. (More information on page 13)



New York City’s Population Trends Align with Many Other Major Cities

The pattern of a partial population rebound after early pandemic losses is mirrored to varying extents across many major U.S. cities, including New York City. (More information on page 14)

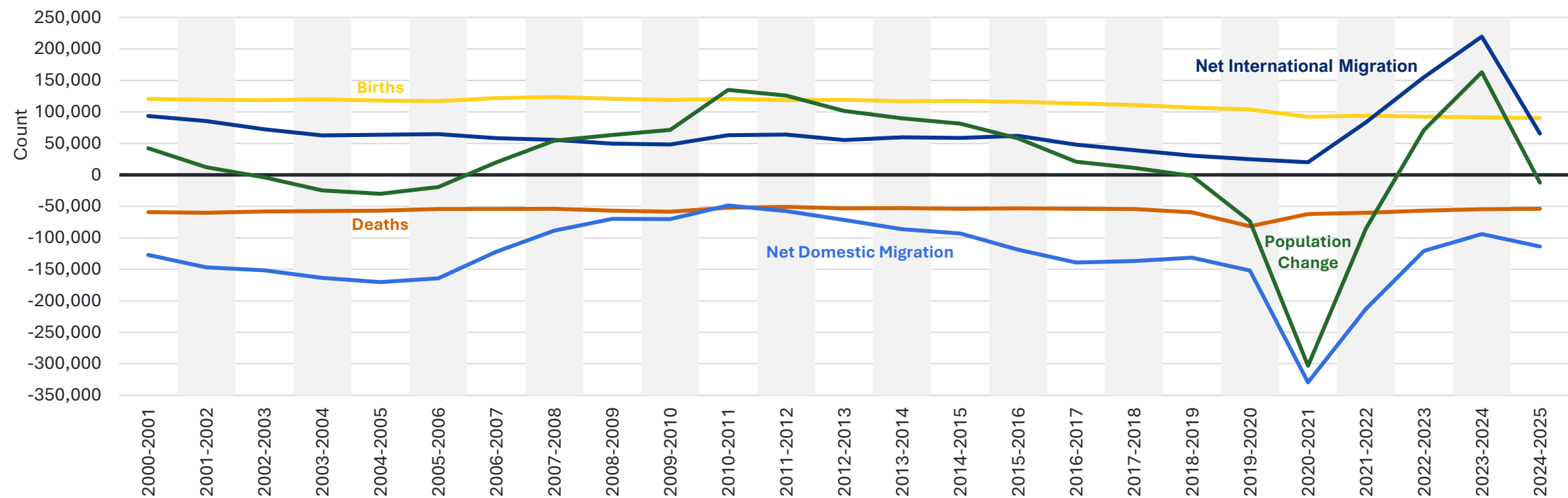


Source: U.S. Census Bureau, 2020 Census and Population Estimates Program (Vintage 2025); New York City Department of City Planning, Population Division
Note: Change from April 2020 to July 2021 and annualized percent change are calculated from the 2020 Census, rather than the estimates base provided in the Vintage 2025 population estimates.
*10 largest cities by population as of the 2020 Census; **Annualized percent change from April 2020 to July 2025

Key Takeaways: Shifting Migration Trends Resulted in Flat Population Change

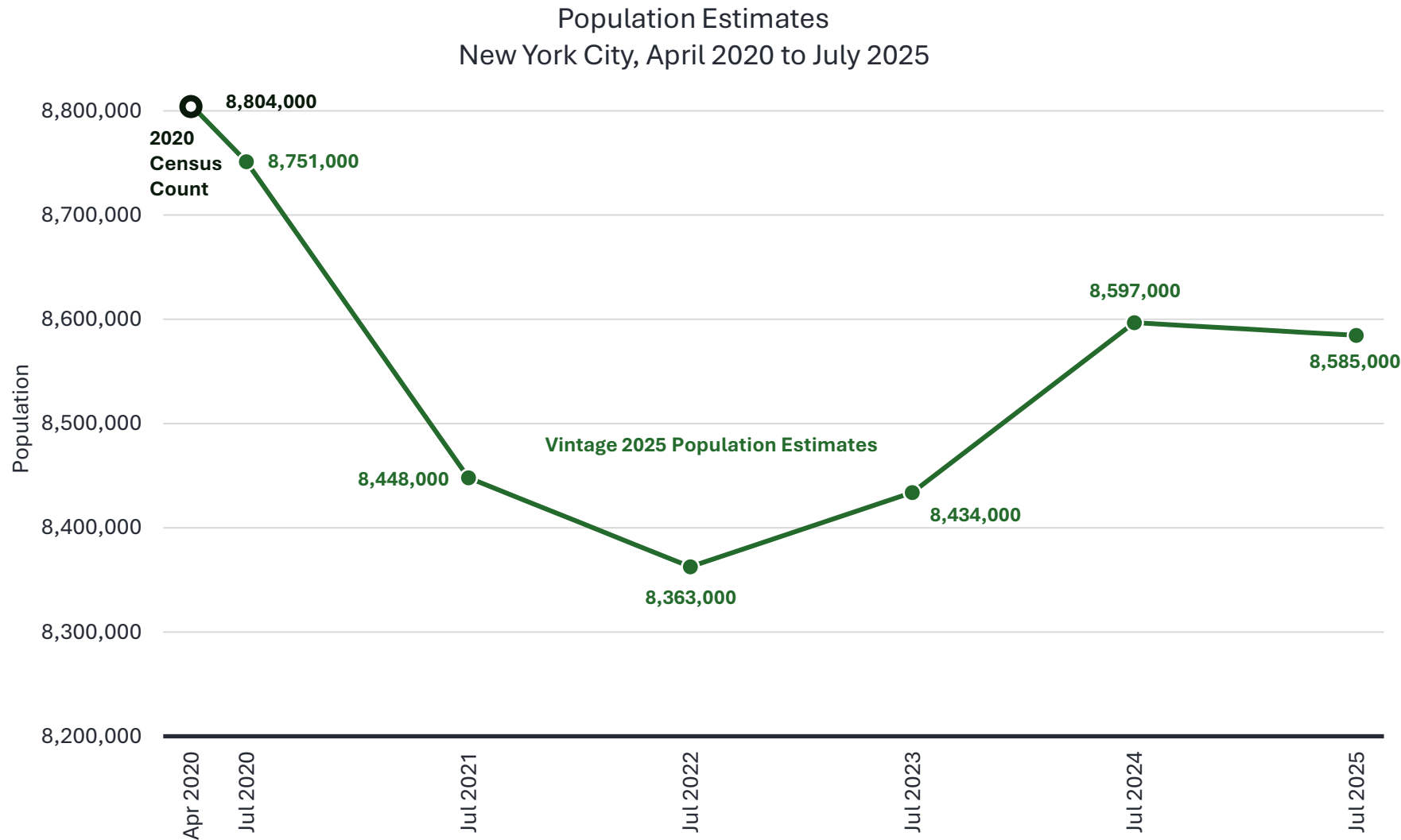
Net international inflows retreated from recent historical highs to more typical levels experienced before the pandemic. **Net domestic outflows** have remained relatively stable in recent years, far below their pandemic peak, and were similar to pre-pandemic levels. **Births** and **deaths** have both trended lower in recent years. (More information on pages 16 to 19)

Population Estimates Program Components of Change
New York City, 2000 to 2025



The Census Bureau's Latest Population Estimates for New York City

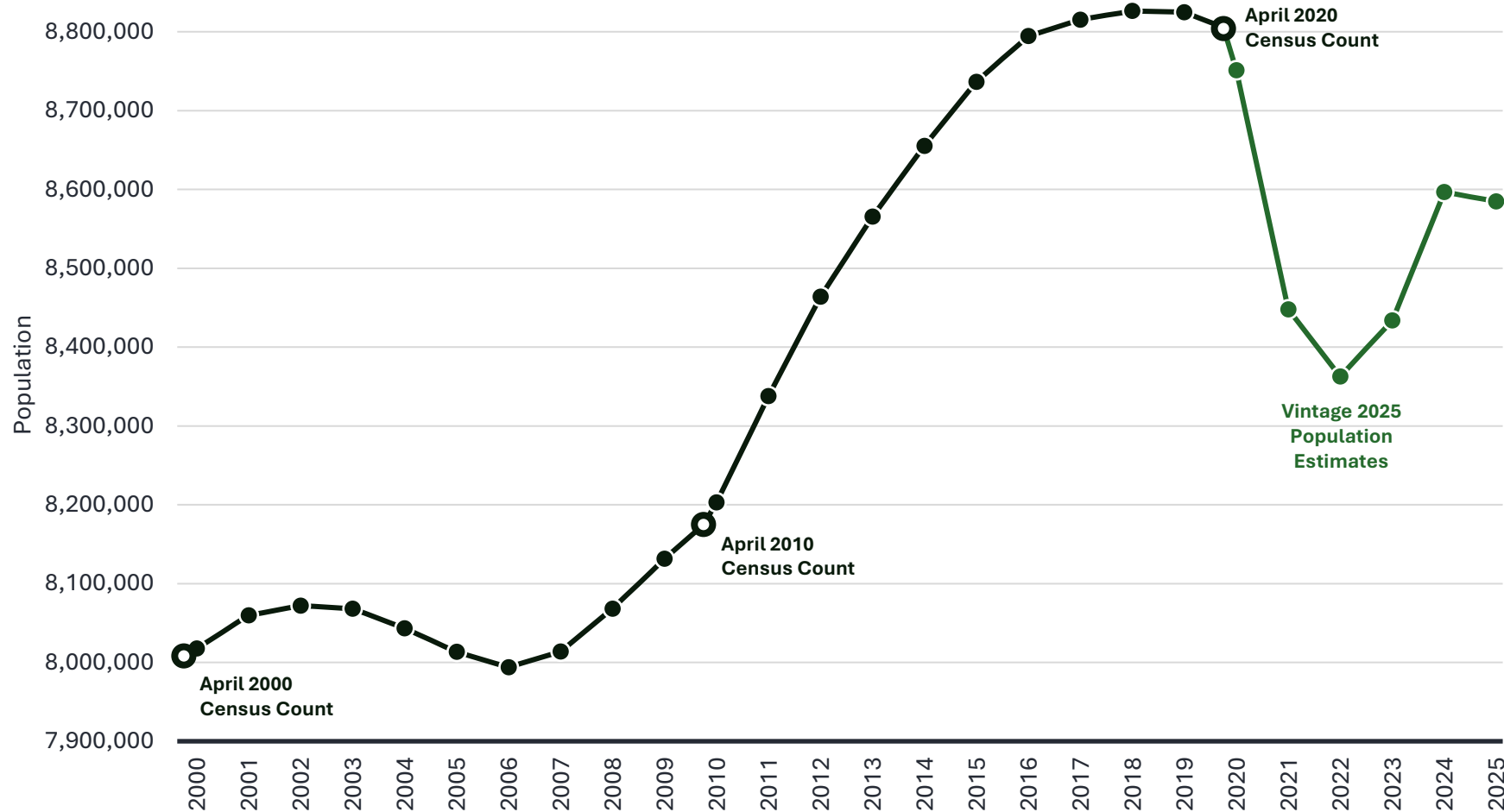
New York City's Population Held Steady After Two Years of Recovery



- New York City's population is estimated at 8.585 million as of July 2025.
- After sharp losses from April 2020 to July 2022, the city recorded two consecutive years of robust population growth.
- The population remained roughly unchanged from July 2024 to July 2025.

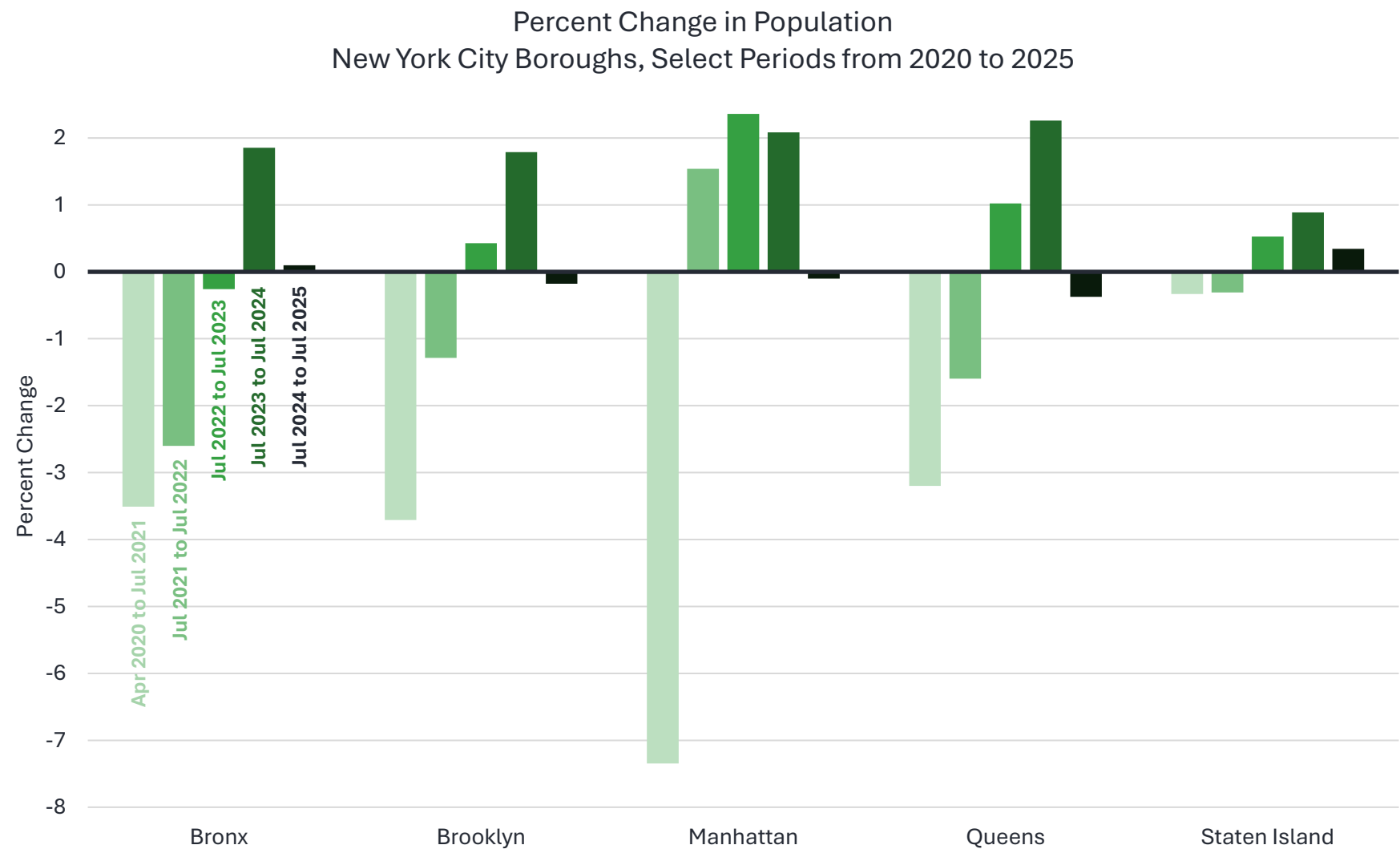
New York City Experienced Partial Recovery After Early Pandemic Losses

Census Enumerations and Annual Population Estimates,
New York City, 2000 to 2025



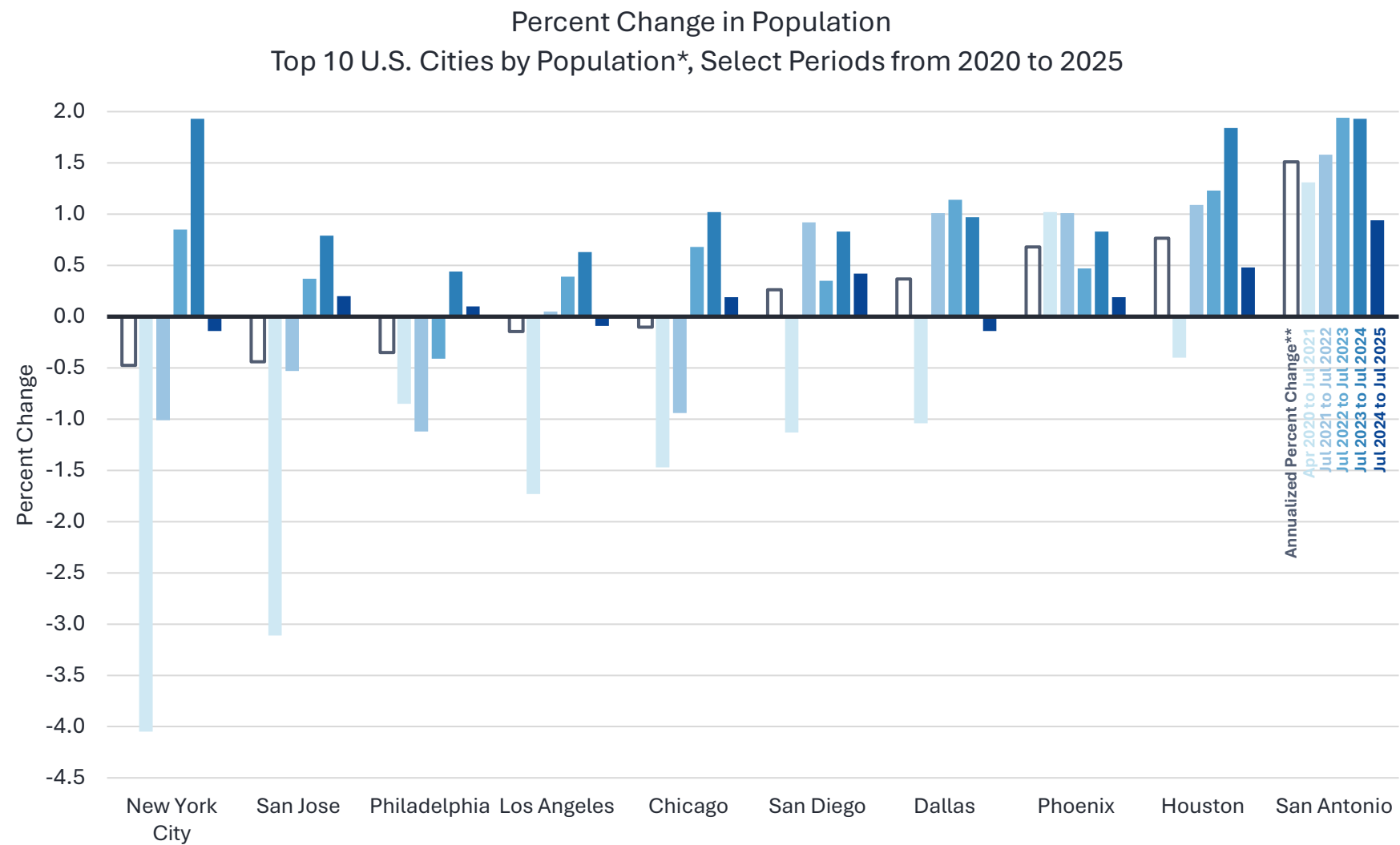
- New York City's population growth has been uneven over the past quarter century.
- Despite fluctuations with periods of growth and decline, the long-term pattern is one of population increase.
- A brief period of large population losses early in the pandemic gave way to a partial recovery.
- Population change flattened from July 2024 to July 2025, with the population about 2.5% below its 2020 peak as of July 2025.

Minimal Population Change in All Five Boroughs from July 2024 to July 2025



- All five boroughs experienced population declines early in the pandemic, with Manhattan undergoing the largest drop.
- Manhattan began to recover population between July 2021 and July 2022, followed by the other boroughs in subsequent years.
- From July 2024 to July 2025, all five boroughs experienced minimal population change.

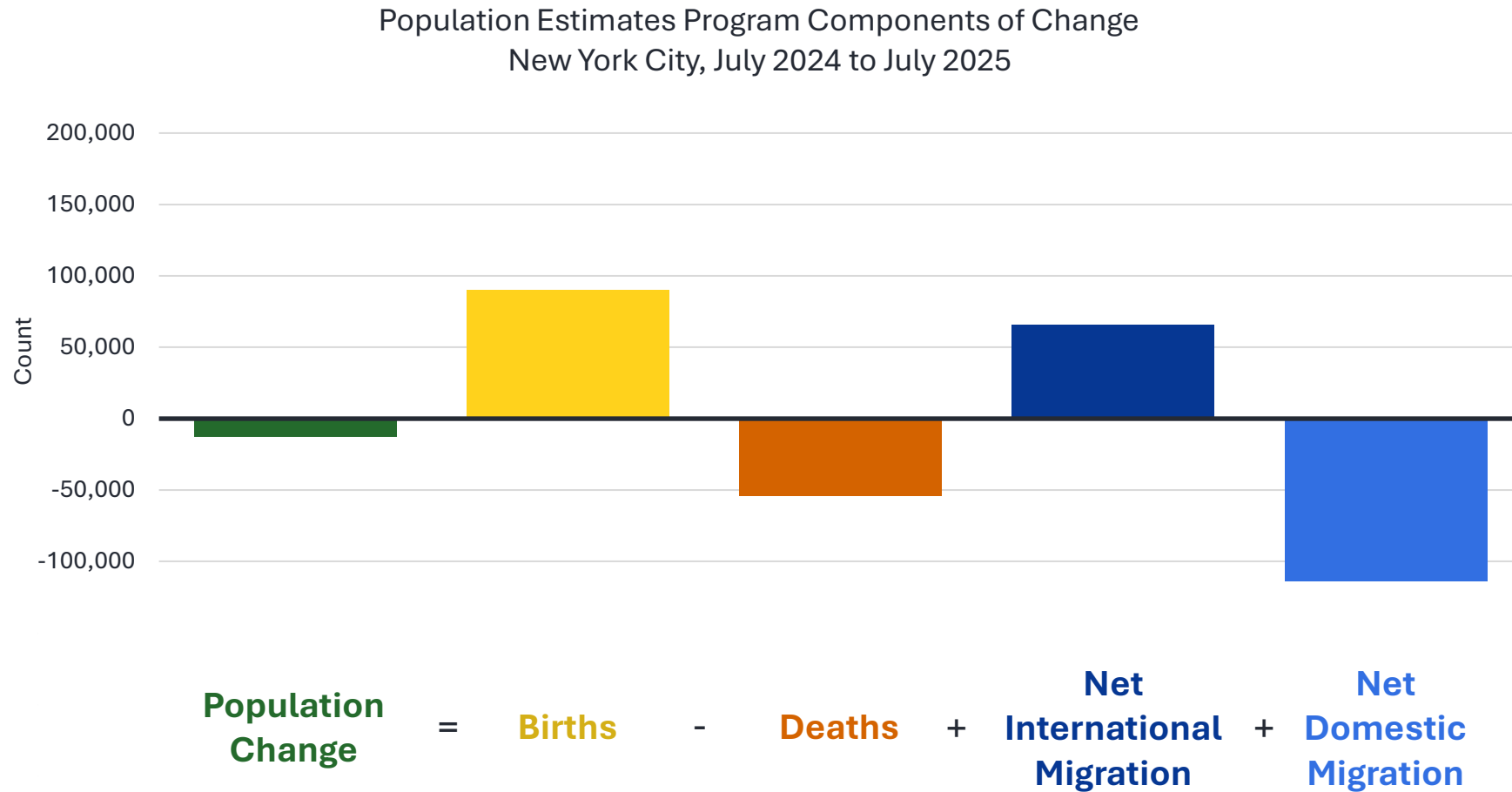
New York City's Population Trends Align with Many Other Major Cities



- Among the 10 largest U.S. cities, some cities have grown since 2020, while others are in the process of recovering from early pandemic losses.
- NYC experienced the steepest losses after the onset of the pandemic, but turned a corner, with gains outpacing those of most other major cities from 2022 to 2024.
- From 2024 to 2025, population change was minimal for NYC and many other major cities.

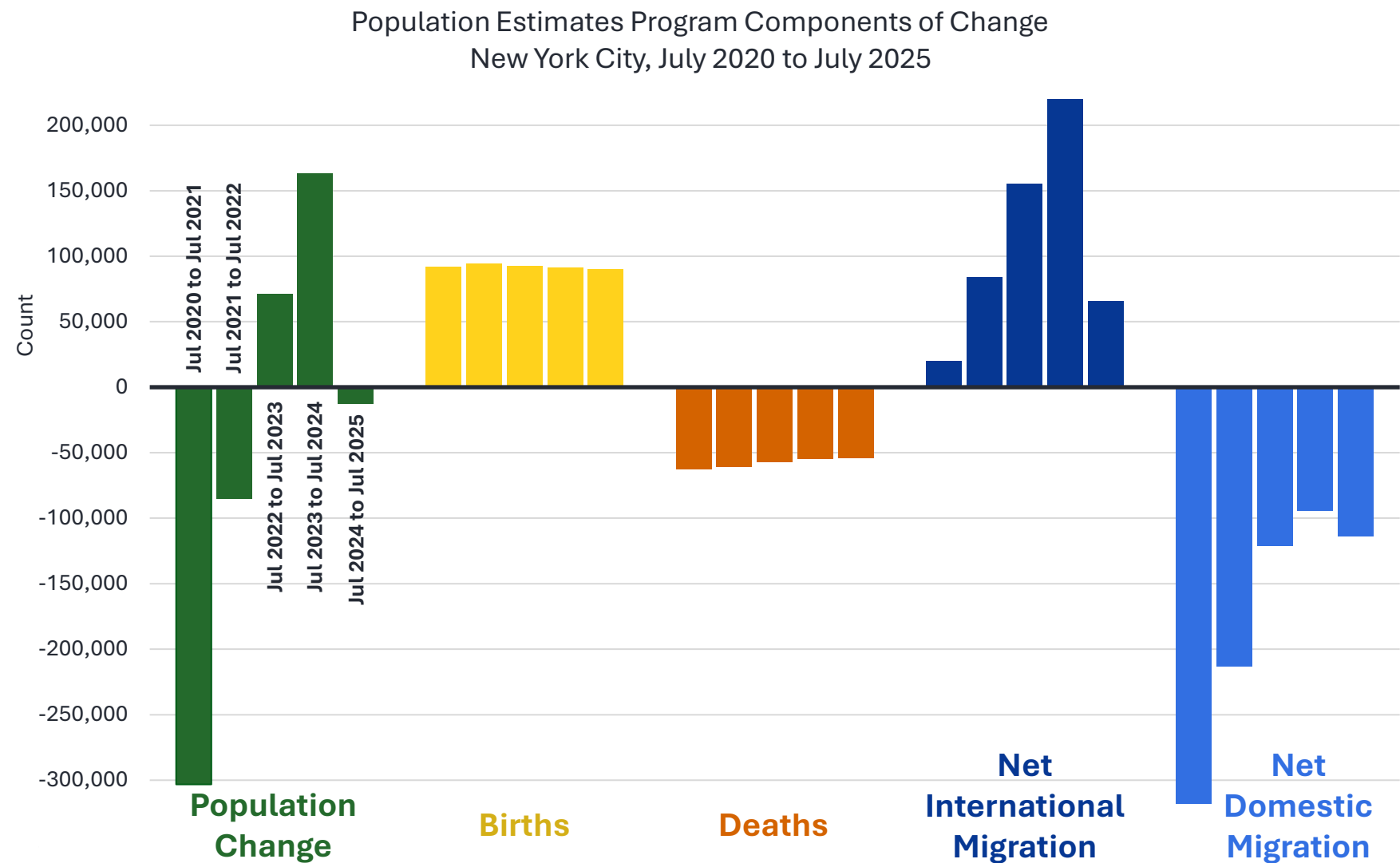
Census Bureau Population Estimates Program Components of Change

The Components of Population Change Balanced to Near Zero



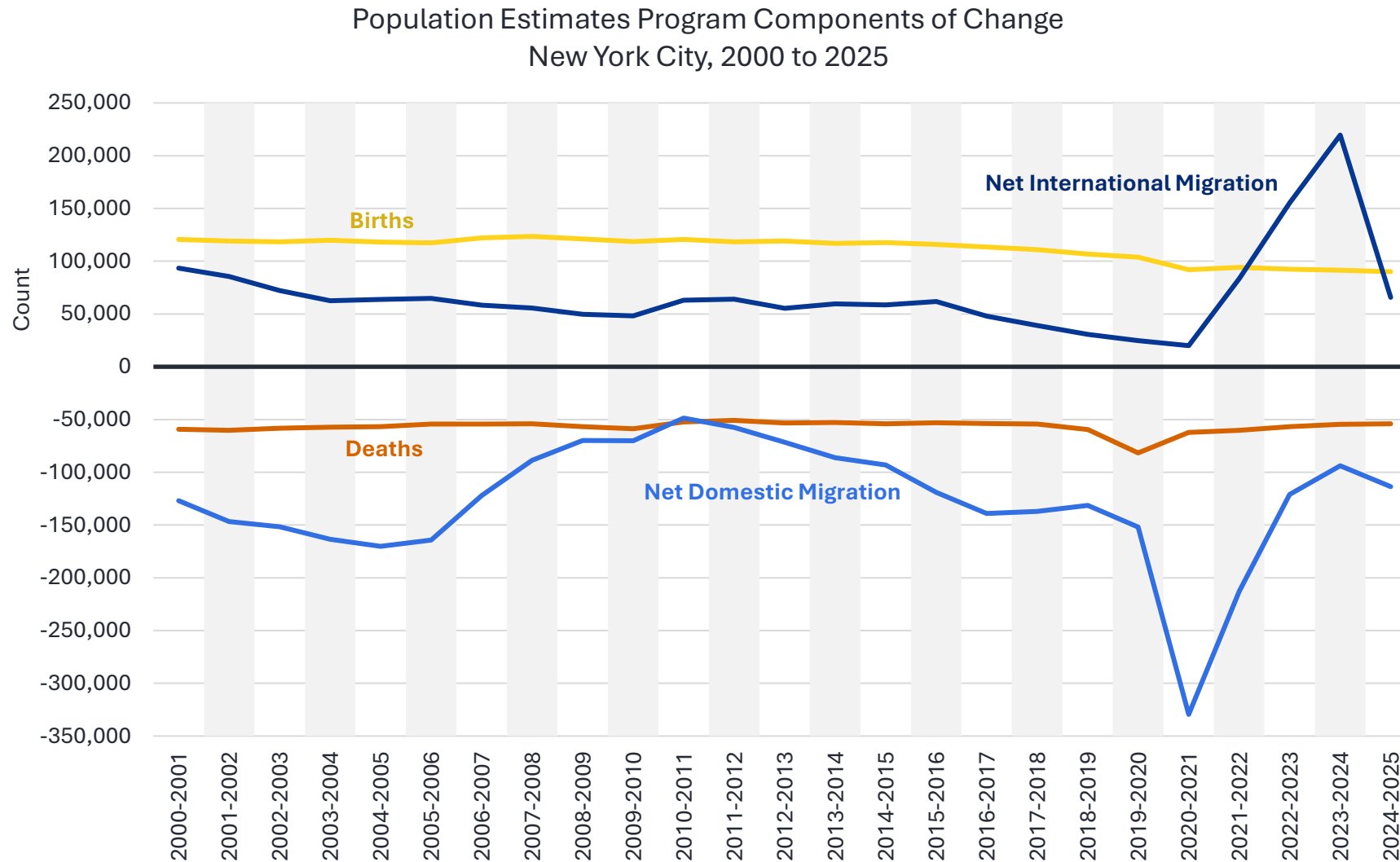
- **Population change** occurs through the *components of change* – births, deaths, and migration.
- While **births** exceeded **deaths** and **net international inflows** added residents, these gains were offset by **net domestic outflows**.
- The population held roughly steady from July 2024 to July 2025 due to the balance of the components of change.

Shifting Migration Patterns Have Driven Population Trends Since 2020



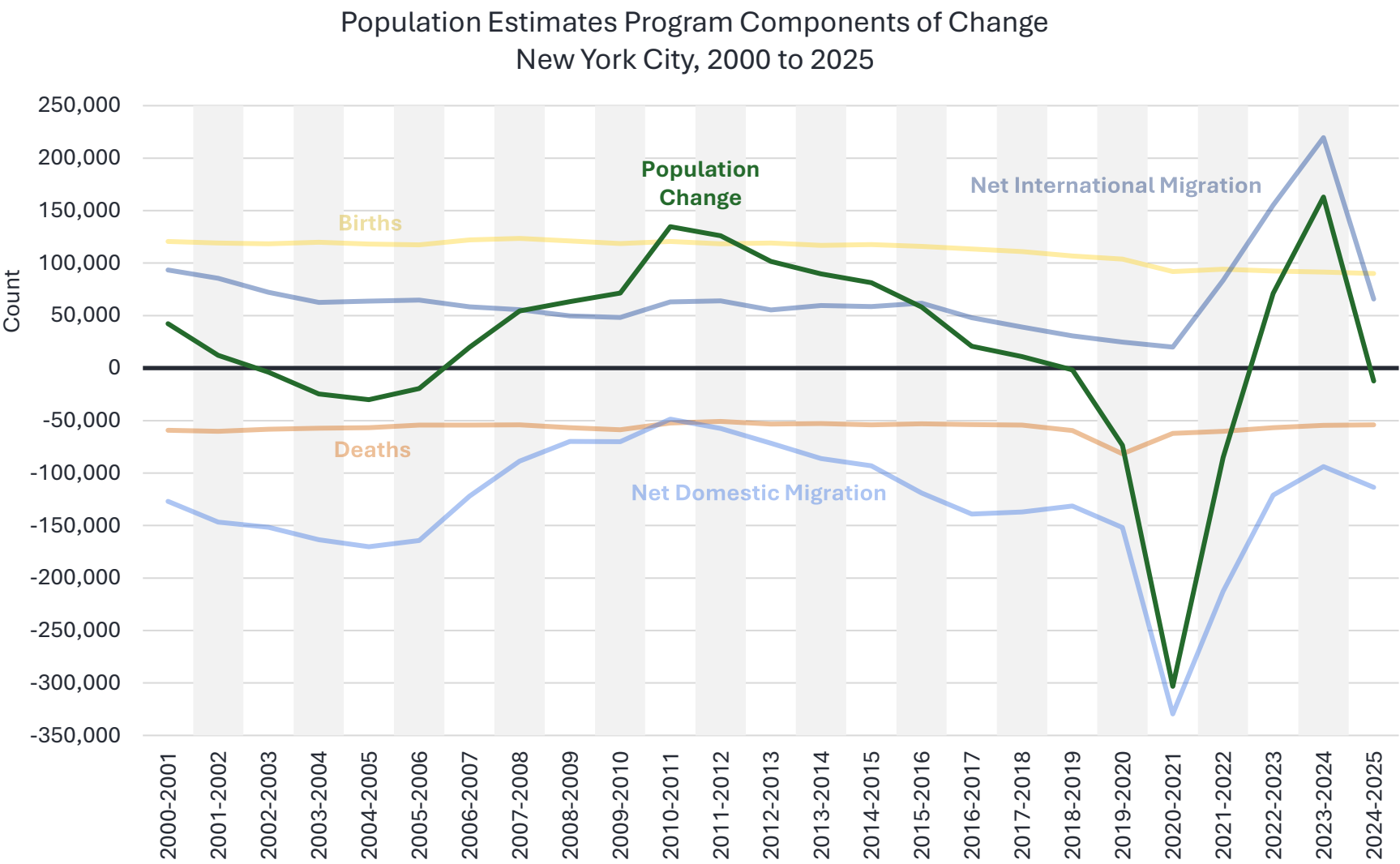
- Overall population trends since 2020 have been mostly driven by migration patterns.
- **Net international inflows** retreated after increasing sharply in the years after the onset of the pandemic.
- **Net domestic outflows** have remained relatively stable in recent years, after narrowing substantially from early pandemic highs.
- A modest downward trend in **births** and **deaths** have had a smaller impact on population change.

Migration Fluctuated Over Time, Births Declined, Deaths Held Mostly Steady



- Over the past year, **net international migration** reverted to a level comparable to before the pandemic, after a recent historical peak.
- **Net domestic outflows** have remained relatively stable in recent years, far below their pandemic peak, and were similar to pre-pandemic levels.
- **Births** have continued a slow downward trend, mirroring state and national patterns.
- **Deaths** have slowly returned to pre-pandemic levels after a spike in 2020.

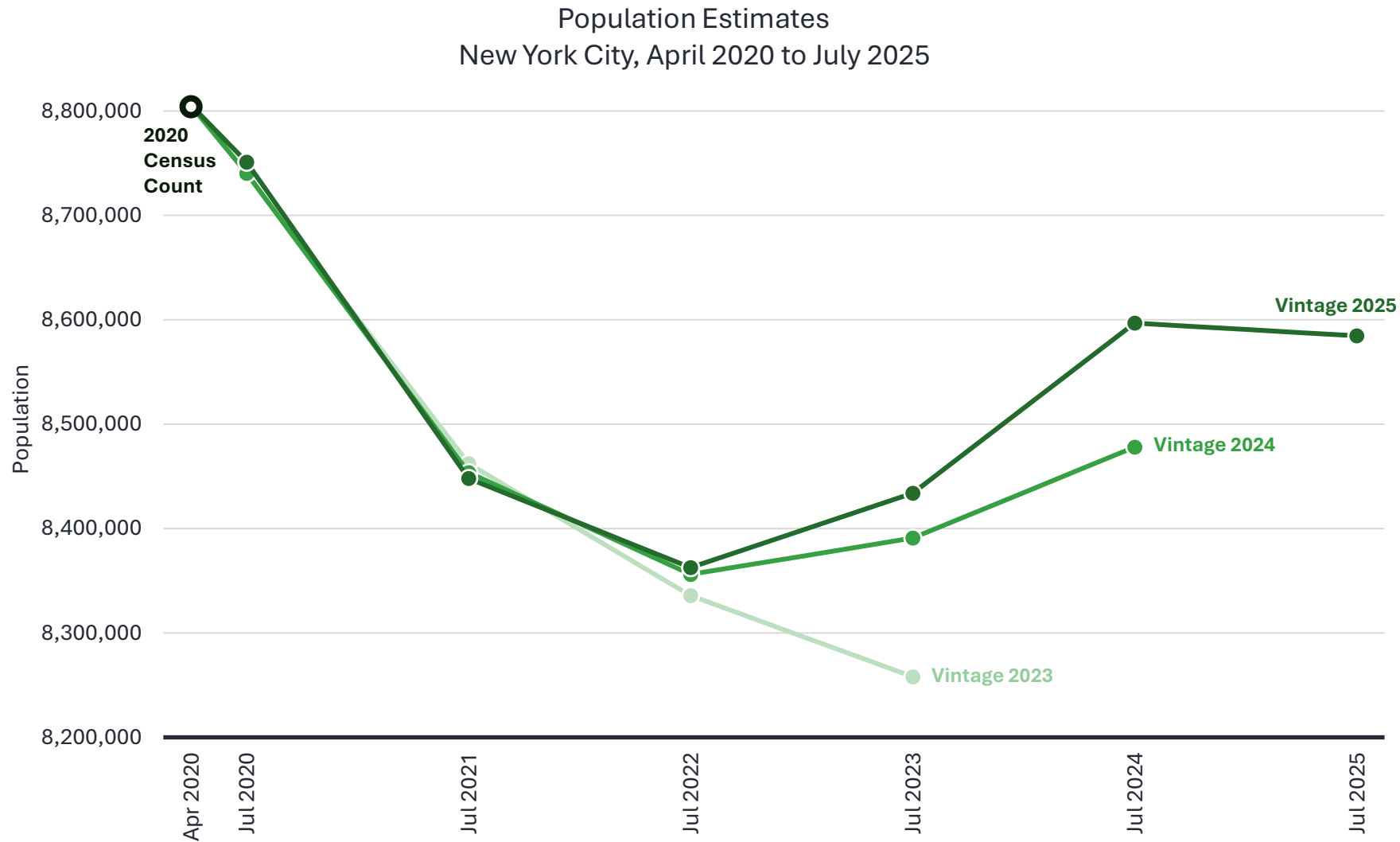
Migration Trends Have the Largest Impact on Population Change



- New York City’s population has grown most years over the past quarter century.
- Migration patterns have the greatest impact on overall population change, since **births** and **deaths** tend to shift more slowly and subtly.
- Early in the pandemic, steep population losses were driven primarily by diminished **net international inflows** and increased **net domestic outflows**.
- The balance of fluctuating components of change have shaped New York City’s **population patterns** over time.

An Upward Revision to Recent Estimates

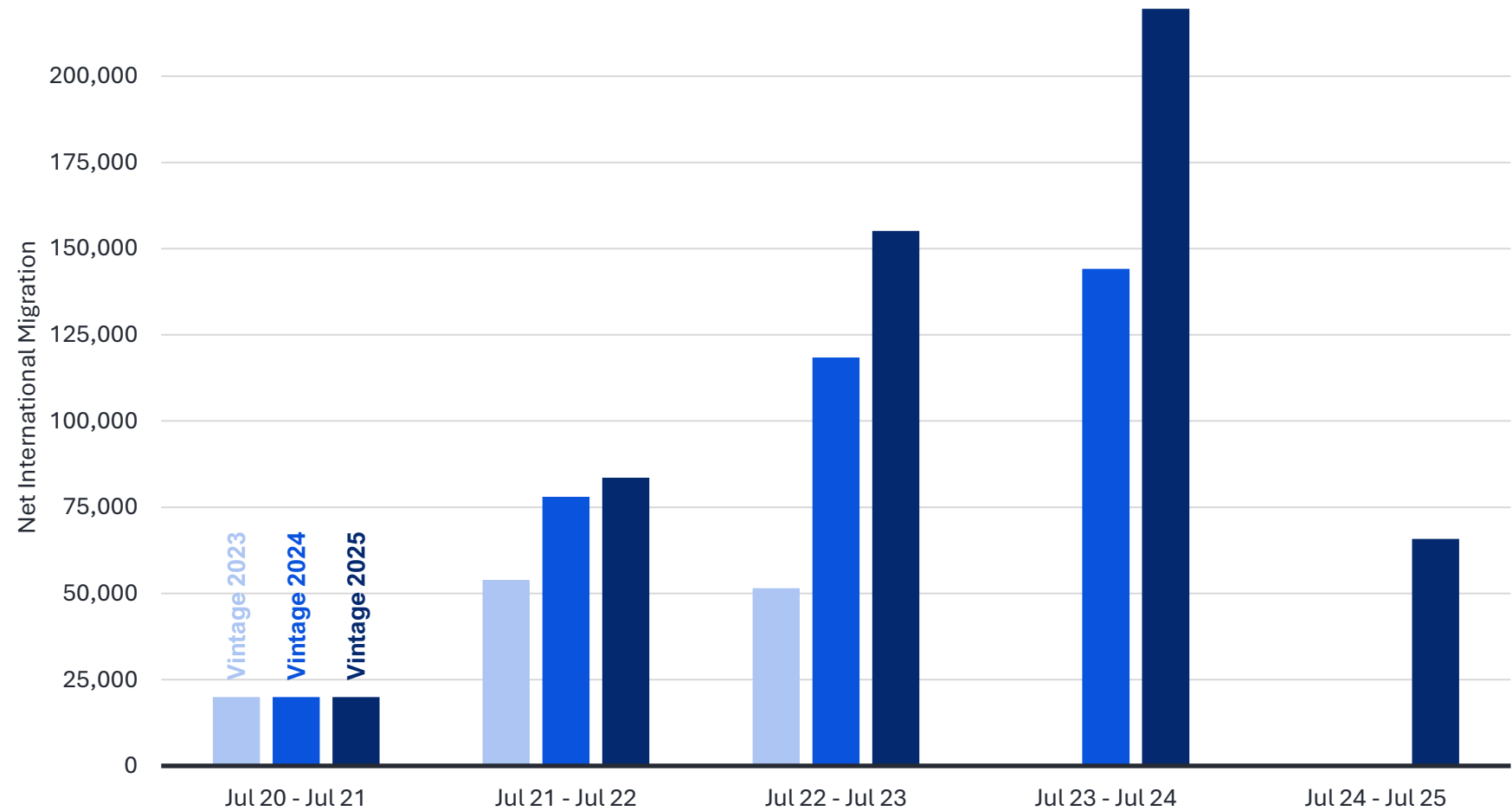
Upward Population Revisions for Recent Years Bolster Estimates of Recovery



- The **Vintage 2025** series includes a new estimate for July 2025, and updates to previously released estimates for July 2020 to July 2024.
- The newly revised estimates show more robust gains in recent years than reported in the last vintage, with the July 2024 population revised upwards from 8.478 million to 8.597 million.
- Last year's **Vintage 2024** revisions showed growth from July 2022 to July 2023, reversing **Vintage 2023**'s estimate of losses during this period.
- Changes reflect methodological improvements as well as the inclusion of updated data.

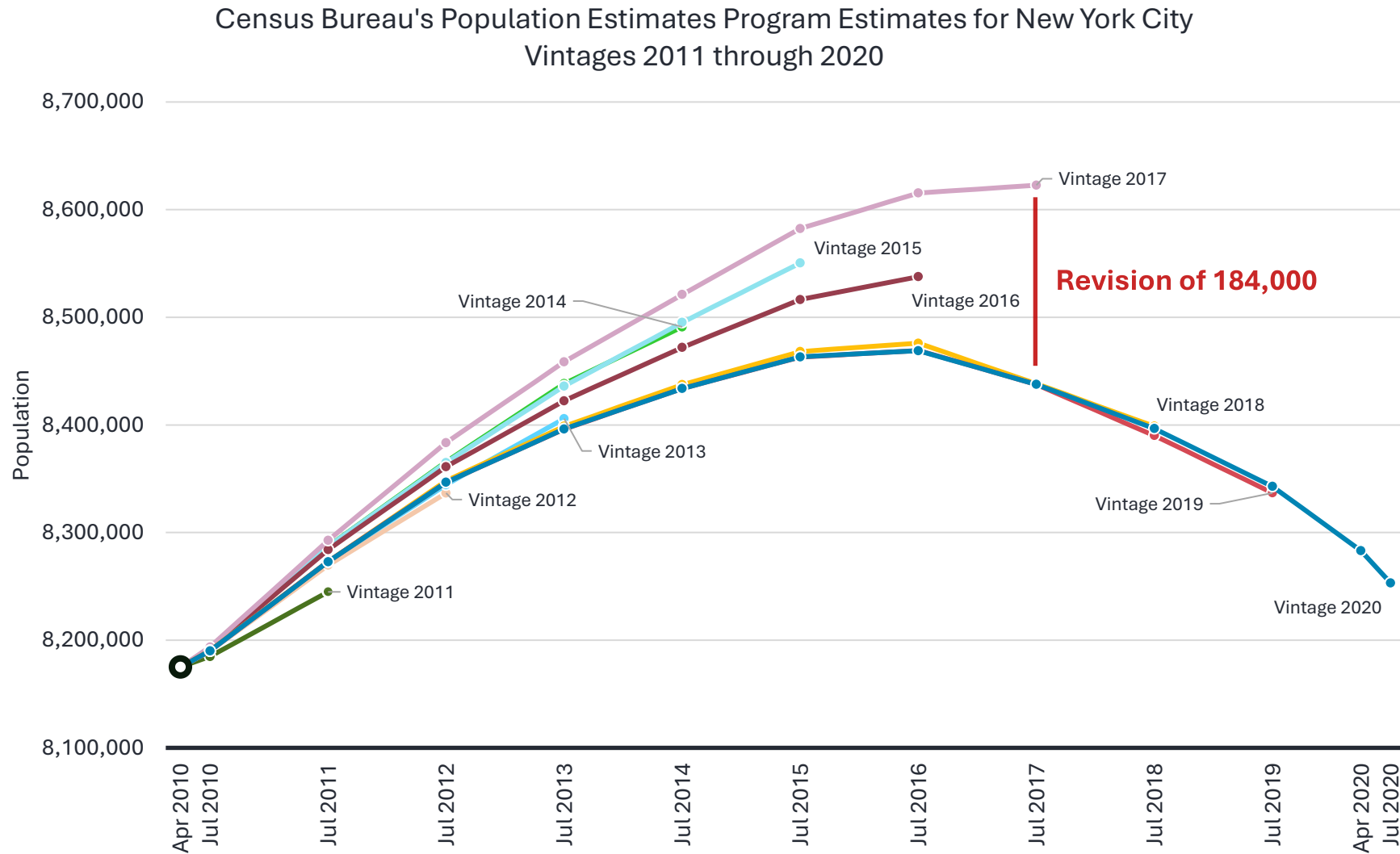
The Census Bureau Has Improved Methods for Estimating Net International Migration

Estimates of Net International Migration
New York City, July 2020 to July 2025



- In the new **Vintage 2025** estimates, more accurate allocation of migrants to New York City yielded upwards adjustments to **Vintage 2024**'s estimates of net international migration for mid-2022 to mid-2023 and mid-2023 to mid-2024.
- An earlier revision from **Vintage 2024** included an adjustment to better incorporate international inflows of humanitarian migrants compared to **Vintage 2023**.
- These updated methodologies resulted in iterative upward revisions to net international migration in recent years.

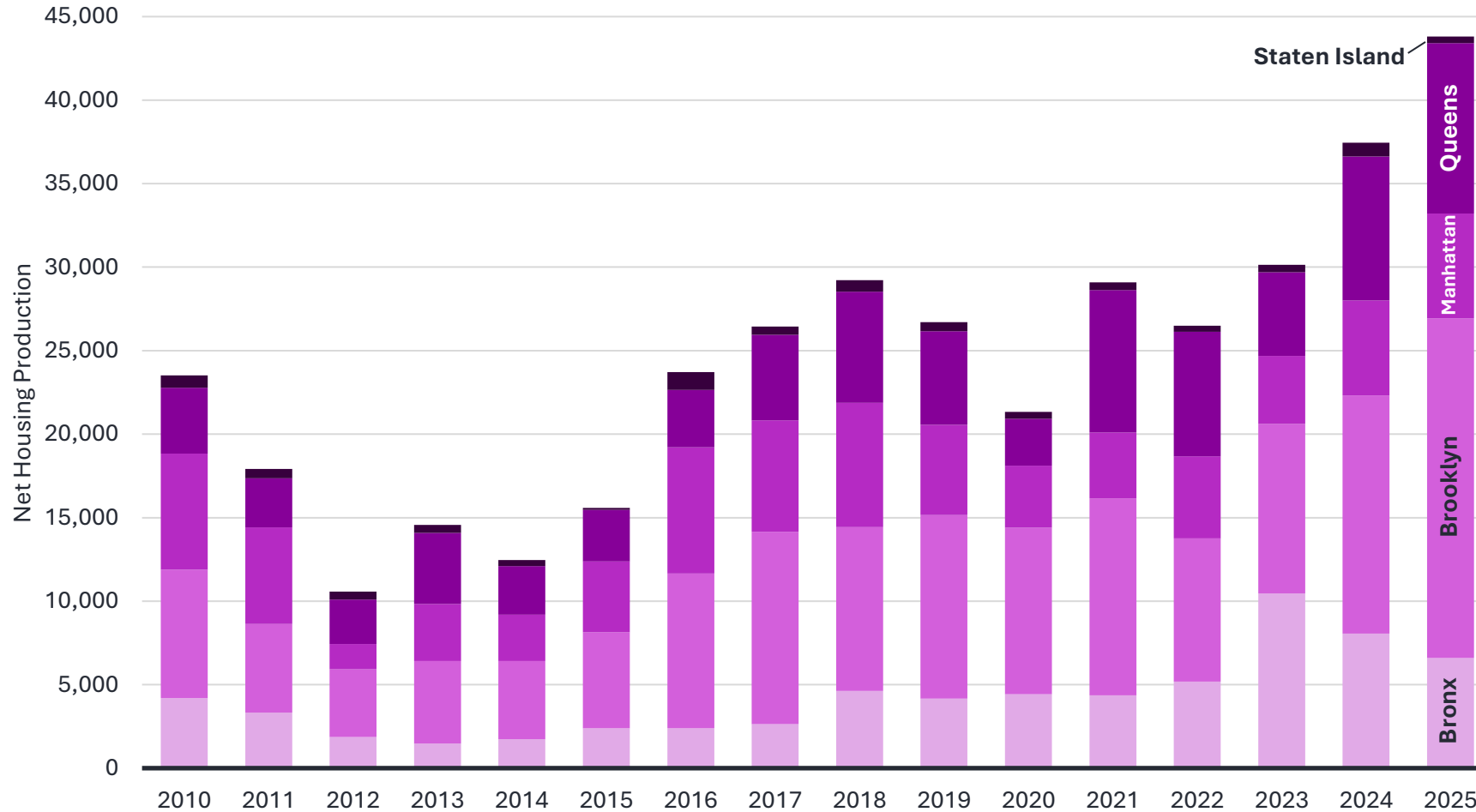
Annual Revisions to Previous Estimates Reflect Ongoing Updates and Improvements



- Revisions to previous estimates are a standard part of the process, reflecting updated data and methodological changes.
- Adjustments were made across the 2010s, yielding retroactive increases and decreases to New York City's population estimates.
- For example, Vintage 2018 revised the 2017 population down by a substantial 184,000, highlighting uncertainty in the estimates.
- Revisions similar in magnitude to the ones in recent vintages have occurred before, and future revisions are likely.

Housing Production Reaching New Highs, Expanding Space for NYC's Population

Annual Net Housing Production
New York City, 2010 to 2025



- Net housing unit construction roughly tripled between the early 2010s and 2025, reaching its highest level since the 1960s.
- High levels of housing construction help alleviate pressure on the housing market from past underproduction, the [decreasing number of people per household](#), and [low vacancy rates](#).
- Expanding supply across all five boroughs also creates space to accommodate the long-term trend of population growth, despite annual fluctuations.

Appendix A: Vintage 2025 Population Estimates Detailed Tables

Population, Census Bureau Count Estimates

New York City and Boroughs, April 1, 2020, and July 1, 2020 to 2025

	Census	Estimates					
	April 2020	July 2020	July 2021	July 2022	July 2023	July 2024	July 2025
New York City	8,804,190	8,751,188	8,447,958	8,362,665	8,433,834	8,596,825	8,584,629
Bronx	1,472,654	1,461,233	1,420,980	1,384,053	1,380,478	1,406,052	1,406,332
Brooklyn	2,736,074	2,722,259	2,634,576	2,600,751	2,611,893	2,658,657	2,653,963
Manhattan	1,694,251	1,687,033	1,569,781	1,593,919	1,631,534	1,665,510	1,664,862
Queens	2,405,464	2,385,541	2,328,520	2,291,363	2,314,747	2,367,034	2,358,182
Staten Island	495,747	495,122	494,101	492,579	495,182	499,572	501,290

Population Change, Census Bureau Count Estimates

New York City and Boroughs, April 1, 2020, and July 1, 2020 to 2025

	Change											
	April 2020 to July 2025		July 2020 to July 2021		July 2021 to July 2022		July 2022 to July 2023		July 2023 to July 2024		July 2024 to July 2025	
	Count	Percent	Count	Percent	Count	Percent	Count	Percent	Count	Percent	Count	Percent
New York City	-219,561	-2.5%	-303,230	-3.5%	-85,293	-1.0%	71,169	0.9%	162,991	1.9%	-12,196	-0.1%
Bronx	-66,322	-4.5%	-40,253	-2.8%	-36,927	-2.6%	-3,575	-0.3%	25,574	1.9%	280	0.0%
Brooklyn	-82,111	-3.0%	-87,683	-3.2%	-33,825	-1.3%	11,142	0.4%	46,764	1.8%	-4,694	-0.2%
Manhattan	-29,389	-1.7%	-117,252	-7.0%	24,138	1.5%	37,615	2.4%	33,976	2.1%	-648	0.0%
Queens	-47,282	-2.0%	-57,021	-2.4%	-37,157	-1.6%	23,384	1.0%	52,287	2.3%	-8,852	-0.4%
Staten Island	5,543	1.1%	-1,021	-0.2%	-1,522	-0.3%	2,603	0.5%	4,390	0.9%	1,718	0.3%

Estimates of the Components of Population Change

New York City and Boroughs

Change from April 1, 2020 to July 1, 2025 and July 1, 2024 to July 1, 2025

		Total Population Change	Natural Change			Net Migration		
			Total	Births	Deaths	Total	Net Domestic Migration	Net International Migration
Jul 2024 to Jul 2025	New York City	-12,196	36,101	90,084	53,983	-47,894	-113,718	65,824
	Bronx	280	6,220	16,287	10,067	-5,925	-18,685	12,760
	Brooklyn	-4,694	16,835	32,463	15,628	-21,283	-38,847	17,564
	Manhattan	-648	2,898	12,901	10,003	-3,582	-16,852	13,270
	Queens	-8,852	9,150	23,556	14,406	-17,777	-38,449	20,672
	Staten Island	1,718	998	4,877	3,879	673	-885	1,558
Apr 2020 to Jul 2025	New York City	-219,561	159,859	484,293	324,434	-366,288	-911,363	545,075
	Bronx	-66,322	27,672	88,191	60,519	-94,791	-201,834	107,043
	Brooklyn	-82,111	78,645	174,011	95,366	-156,277	-307,029	150,752
	Manhattan	-29,389	12,525	71,045	58,520	-33,289	-124,559	91,270
	Queens	-47,282	37,226	125,036	87,810	-82,925	-266,824	183,899
	Staten Island	5,543	3,791	26,010	22,219	994	-11,117	12,111

Estimates of the Components of Population Change

New York City and Boroughs

Change from July 1, 2022 to July 1, 2023 and July 1, 2023 to July 1, 2024

		Total Population Change	Natural Change			Net Migration		
			Total	Births	Deaths	Total	Net Domestic Migration	Net International Migration
Jul 2023 to Jul 2024	New York City	162,991	36,906	91,465	54,559	125,711	-93,867	219,578
	Bronx	25,574	6,237	16,387	10,150	19,056	-26,446	45,502
	Brooklyn	46,764	17,117	32,956	15,839	29,704	-28,849	58,553
	Manhattan	33,976	3,327	13,422	10,095	30,720	-5,004	35,724
	Queens	52,287	9,216	23,806	14,590	42,867	-32,208	75,075
	Staten Island	4,390	1009	4,894	3,885	3,364	-1,360	4,724
Jul 2022 to Jul 2023	New York City	71,169	35,647	92,402	56,755	34,192	-120,939	155,131
	Bronx	-3,575	6,312	16,826	10,514	-10,578	-40,133	29,555
	Brooklyn	11,142	16,767	33,263	16,496	-5,894	-51,240	45,346
	Manhattan	37,615	2,827	13,373	10,546	34,625	9,181	25,444
	Queens	23,384	8,856	23,978	15,122	14,299	-36,877	51,176
	Staten Island	2,603	885	4,962	4,077	1,740	-1,870	3,610

Estimates of the Components of Population Change

New York City and Boroughs

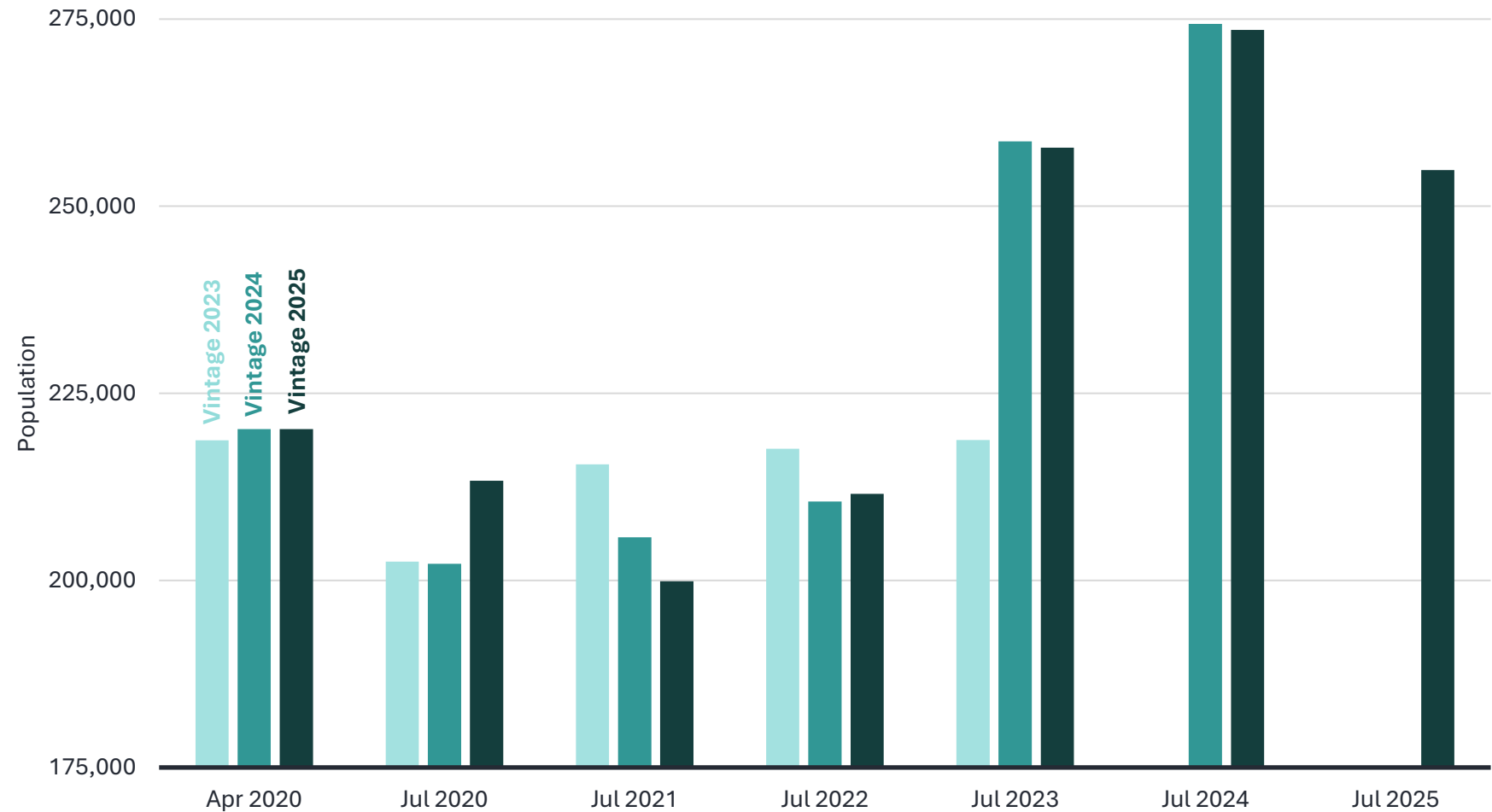
Change from July 1, 2020 to July 1, 2021 and July 1, 2021 to July 1, 2022

		Total Population Change	Natural Change			Net Migration		
			Total	Births	Deaths	Total	Net Domestic Migration	Net International Migration
Jul 2021 to Jul 2022	New York City	-85,293	33,718	94,076	60,358	-129,227	-212,791	83,564
	Bronx	-36,927	6,013	17,178	11,165	-46,360	-61,124	14,764
	Brooklyn	-33,825	15,962	33,754	17,792	-52,050	-76,006	23,956
	Manhattan	24,138	2,984	13,842	10,858	19,896	7,235	12,661
	Queens	-37,157	7,880	24,223	16,343	-48,410	-78,766	30,356
	Staten Island	-1,522	879	5,079	4,200	-2,303	-4,130	1,827
Jul 2020 to Jul 2021	New York City	-303,230	29,791	91,969	62,178	-309,535	-329,532	19,997
	Bronx	-40,253	5,606	17,059	11,453	-43,063	-47,231	4,168
	Brooklyn	-87,683	14,727	33,161	18,434	-95,761	-100,839	5,078
	Manhattan	-117,252	2,202	13,641	11,439	-108,934	-112,912	3,978
	Queens	-57,021	6,626	23,219	16,593	-59,880	-66,268	6,388
	Staten Island	-1,021	630	4,889	4,259	-1,897	-2,282	385

Appendix B: Estimates of the Population in Group Quarters

Group Quarters Population Estimates Reflect Updated and More Complete Data

Estimated Group Quarters Population
New York City, April 2020 to July 2025



- The Census Bureau estimates the population living in group quarters (GQ) as well as the total population, including those living in households.
- GQ includes facilities such as college dormitories, skilled nursing homes, correctional facilities, and temporary shelters.
- **Vintage 2023** estimates did not reflect the increase in humanitarian migrants in NYC shelters since 2022. New York City worked with the Census Bureau to provide more complete data, which has been incorporated into subsequent vintages.
- See the next page for more details on how NYC is working with the Census Bureau to ensure ongoing estimates are as accurate as possible.

NYC's Work with the Census Bureau to Improve Group Quarters Population Estimates

An Underestimate of the Group Quarters Population, and Why it Matters

The Census Bureau's Population Estimates Program (PEP) produces estimates for the population in Group Quarters (GQ) as well as the population living in households. GQ includes "places where people live or stay in a group living arrangement that are owned or managed by an entity or organization providing housing and/or services for the residents."¹ Examples include college dormitories, nursing homes, correctional facilities, and temporary shelters.

The Vintage 2023 Population Estimates indicated an increase of approximately 1,000 people in Group Quarters (GQ), which includes those living in temporary shelters, from July 2022 to July 2023. This small estimated change in the Group Quarters population did not seem to reflect the fact that many thousands of asylum seekers had arrived in New York City, a large share of whom were staying in temporary shelters.

The estimates inform the allocation of federal funding from a wide range of programs to state and local governments and communities; accurate estimates facilitate more equitable and efficient distribution of funds.

Vintage 2023 Challenge

Realizing that the recent increase in the population in shelters was not accurately reflected in the estimates, the New York City Department of City Planning (NYC DCP) worked with sister agencies to gather data. NYC data indicated an increase in the shelter population of roughly 53,000 from July 2022 to July 2023.

To correct the underestimate, NYC participated in the Population Estimates Challenge Program, which serves as a last check on the estimates after their release. Through the program, state and local governments can challenge estimates they believe were produced with incorrect data or contained errors in the estimation process.

NYC submitted data on the population in shelters that were not initially included in the estimates. NYC DCP worked closely with the New York State representative for the Federal-State Cooperative for Population Estimates (FSCPE) and partners at the Census Bureau to ensure the data met required standards and were delivered securely and confidentially.

The PEP has confirmed that NYC's participation in the Vintage 2023 Challenge Program successfully resulted in an adjustment of NYC's July 2023 estimate, increasing it by roughly 36,000.²

Group Quarters Report

In recent years, New York City has worked proactively with the Census Bureau to ensure that tens of thousands of New Yorkers living in shelters were more accurately reflected in the Census Bureau's population estimates.

Continuing to work closely with sister agencies, the FSCPE, and the Census Bureau, NYC now provides data through the annual Group Quarters Report (GQR), a data collection step at the start of the estimates production cycle.

As a result, the latest estimates indicate a GQ population increase of about 46,000 between July 2022 and July 2023, an additional increase of roughly 16,000 from July 2023 to July 2024, and a decline of approximately 19,000 from July 2024 to July 2025, more accurately reflecting NYC's GQ population changes.

NYC is now preparing for the 2026 cycle and will continue to collect and report GQ population data through the annual GQR to facilitate the production of the most accurate possible population estimates for the city.

Appendix C: Population Estimates Program Vintage 2025 Methods Summary

Population Estimates Program Vintage 2025 Methodology

- The Census Bureau produces estimates by reflecting changes in population due to births, deaths, and migration.
- The starting population for estimates is as of April 1, 2020. The age, sex, race, and Hispanic origin composition of the starting population is determined by the 2020 Modified Age and Race Census, which provides 2020 Census data in categories consistent with those used by the Population Estimates Program and includes adjusted age data to improve accuracy.
- The population living in group quarters (e.g., dormitories, nursing homes, shelters, or correctional facilities, among other congregate facilities) is estimated separately from the household population. Estimates are based on data provided by the Federal-State Cooperative for Population Estimates, among other data sources.
- Data on births and deaths are primarily provided by the National Center for Health Statistics.
- Net domestic migration, or movement within the 50 states and the District of Columbia, is estimated using rates derived from IRS tax filings and Medicare enrollee records.
- Net international migration is estimated separately for immigration and emigration of the non-U.S.-born population, migration between the U.S. and Puerto Rico, net emigration of the U.S.-born population, and movement of the Armed Forces. Adjustments are made to reflect reduced migration due to the Covid-19 pandemic from April 1, 2020 to June 30, 2021, as well as for increases in humanitarian migrants from July 1, 2021 to June 30, 2024.
- For full details on methodology, refer to the Census Bureau's methodology statement: [Methodology for the United States Population Estimates: Vintage 2025, Nation, States, Counties, and Puerto Rico – April 1, 2020 to July 1, 2025](#).
- For details on changes in methodology from the previous vintage, refer to the Census Bureau's [Vintage 2025 Release Notes](#).

NYC Department of City Planning

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